

YOU ARE THE MOST IMPORTANT PERSON IN YOUR CHILD'S LIFE!

RELATIONSHIPS MATTER!

Take a minute to...
play, sing, read, and laugh
with your child.



When your child
feels safe, secure,
nurtured, and loved,
they grow and learn!

Social and emotional learning happens every
day, during your daily routines.
We will help you learn how!



**Your child's social and emotional development is the foundation
for all other learning and development throughout life.**

Children learn the most from you!

It's important to take care of your own emotional wellness. If
you have stress, depression, or anxiety, it affects your child.
Let us help and support you.



Visit our website:
de.gov/birthtothree



Positive relationships change your child's brain for the better.